

Training Program
on
Nutrition Goals in Village level Planning and
Monitoring

(14th-18th September 2020)

nutrition
the right balance of real foods



Centre for Gender Studies and Development
School of Development Studies and Social Justice

National Institute of Rural Development and Panchayati Raj

(Ministry of Rural Development, Govt. of India)

Rajendranagar, Hyderabad – 500030

Need

Nutrition constitutes the very foundation of human development by imparting immunity and, thus, reducing morbidity, mortality and disability. In addition, it promotes lifelong learning capacities and enhanced productivity. Poor health and nutrition are two of the greatest barriers to overcoming poverty. Young girls often enter their reproductive years in an undernourished condition, and a staggering 75 percent of them are anemic. National nutritional surveys show that the majority (60–80 percent) of India's poor, rural and socio-economically marginalized populations have a 20–40 percent shortfall in their protein-energy intake. This is even greater for pregnant and lactating women and young children. Expectant mothers put on less weight during pregnancy than they should - 5kgs on average compared to the worldwide average of close to 10kgs.

In 2015, the UN Sustainable Development Goals enshrined the objective of ending all forms of malnutrition. This was a call for all nations to think and act differently on malnutrition; focus on all of its faces and work to end it for all people by 2030. Global Nutrition Report-2016 clearly indicates how India still lags behind in tackling malnutrition effectively. In terms of stunting, India ranks 114th out of 132 nations (incidence: 38.7%) while for wasting, it is 120th among 130 countries (incidence: 15.1%). Regarding anaemia prevalence among women of reproductive ages, India ranks 170th out of 185 countries (incidence: 48.1%) – and this is a matter of grave concern as well. Recently published studies in India and abroad have drawn attention to the country's poor ranking, in respect of malnutrition among children below the age of five years, despite the country's impressive economic growth since the 1990s.

Therefore, interventions seeking to provide preventive health care in rural India needs to respond to these differences, by developing appropriate strategies addressing both women and men, and young boys and girls and targeting them appropriately. Though, over the years, the Government has accorded the highest priority to combat malnutrition among its people, however, there is a lack of multi-sectoral coordination which is most essential to address the inter-generational and multifaceted nature of malnutrition.

In view of the above, NIRD&PR proposes to organize a national training programme on strategies for incorporating nutrition-goals in village level planning with the following objectives:

Objectives

1. Stakeholders will be able to state the linkages of gender perspective of health, nutrition, and development.
2. Participants will identify gender-sensitive approaches and strategies towards nutritional development of the community.
3. Participants will be able to create nutrition sensitive and nutrition specific village plans.

Contents of the programme

- Gender Concepts and gender analysis of health care and nutrition in rural India
- Best strategies/interventions of improving and promoting nutrition among women and children
- Gender stereotypes influencing health and nutrition behavior in rural areas
- Creation of village plans with nutrition-sensitive and nutrition-specific strategies.

Training Methods

ONLINE training.

Participants

Senior and middle level officials from the following departments....

- ICDS officers/BDOs
- NRLM Food and Nutrition Anchors,
- District and Block Panchayat Secretaries
- SIRD/ETC Faculty
- Grass roots NGOs working for nutrition

Duration

14th-18th September 2020 (Both days Inclusive)

Venue

Online Training

Last date of Receiving Nomination

10th September 2020

(Training Link will only be sent to Registered participants via email)

Course Team

Dr Ruchira Bhattacharya, Assistant Professor, CGSD
Dr NV Madhuri, Associate Professor & Head (I/C) CGSD

Fee

There is no course fee for the participants sponsored by the central and state governments.

About NIRD & PR

The NIRD&PR is an apex organisation under the Ministry of Rural Development, Government of India (GOI) for training, research, action research and consultancy in rural development. It is the think tank of the Government of India on issues pertaining to rural development. The Institute serves as a forum for discussion and debate on issues of common concern, attracts academics and development practitioners from all over the country and abroad. It is recognised nationally and internationally as a “Centre for Excellence in Rural Development” in general and “Centre for Excellence in HRD research and Training” by the UN-ESCAP in particular and has been actively engaged in international training, workshop and consultancy during the last four decades. NIRD &PR trains more than 5000 senior level administrators, planners and rural development functionaries every year. NIRD&PR has conducted more than 800 research studies in various issues related to rural development since its inception and has brought out more than 300 publications.

Correspondence

Please send the nominations in the enclosed proforma to:

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(Requested to send the Nominations via **Email only**)