

## PROGRAMME DIRECTORS

Shri. S. N. Rao, Faculty, NIRDPR, Hyderabad  
Dr. Rubina Nusrat, Assistant Professor (CESD), NIRDPR, Hyderabad

## PARTICIPANTS

1. Officials from Social Welfare Department i.e., Deputy Director and Assistant Directors
2. Officials from Panchayati Raj i.e., Deputy Director and Assistant Directors
3. Officials from Rural Development, Research Scholars and Students
4. Prominent NGOs working in the area of drug abuse prevention.

**DURATION: 3 Days – July 12 - 16, 2020**

The duration of training programme is **Five days, i.e., from July 12 – 16, 2021.**

**VENUE: National Institute of Rural Development and Panchayati Raj,  
Hyderabad, Telangana**

**PROGRAMME FEE - NIL**

Intending organizations may nominate **3 - 4 Officers** from the categories mentioned above **on or before July 8, 2021.** The nominations may be forwarded to the following address:

**S. N. Rao**  
National Institute of Rural Development & Panchayati Raj  
Rajendranagar  
Hyderabad – 500 030  
Telangana

Mobile : 9440982868  
e-mail : [snrao2001@gmail.com](mailto:snrao2001@gmail.com)  
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Link: <https://forms.gle/NXeotECFYdba4pYi7>

## **Free Online (Webinar) Training Programme on Awareness on Drug Abuse Prevention** (July 12 – 16, 2021)



**[Say No to Drugs- Transforming Rural Youth]**

Last Date of Nomination: **July 8, 2021**

Venue: **NIRDPR, Hyderabad, Telangana**



**NATIONAL INSTITUTE OF RURAL DEVELOPMENT & PANCHAYATI RAJ**  
[An Organization of Ministry of the Rural Development]  
Rajendranagar, Hyderabad - 500 030.

## **NEED**

A drug is a substance, when taken into the body, alters the body's function either physically or psychologically. Drugs may be legal (e.g. alcohol, caffeine and tobacco) or illegal (e.g. cannabis, ecstasy, cocaine and heroin). Psychoactive drugs affect the central nervous system and alter a person's mood, thinking and behaviour. Psychoactive drugs may be divided into four categories: depressants, stimulants, hallucinogens and 'other'.

The effects of drugs will vary from person to person depending on the persons characteristics (such as physical size, gender, mood, diet, fitness, age, expectations and health), the drug itself (such as the amount used and its purity), and how it is taken and the environment a person is in when using the drug.

Some people become depressed, angry, aggressive, sleepy, unmotivated, paranoid, anxious or talkative. Drug use can also lead to social and emotional problems and negative effects on relationships with family and friends.

People use drugs for a variety of reasons. Some of these include: to have fun, relax, forget problems or as a form of escapism, to gain confidence and socialize, out of curiosity, to lessen inhibitions, to remove personal responsibility for decisions, to celebrate or commiserate, to relieve boredom and stress and Self-medication to cope with problems.

At present the drug world is catching the young minds to have long term business. The drugs are treated as quick large money to earn. Many Engineering and students were caught with selling ganja to their fellow college students and making them as drug addicts and finally drug peddlers. To create awareness on drug abuse prevention the training programme is designed with the following objectives.

## **OBJECTIVES**

The objectives of the programme are:

1. To explain the various bad effects of drugs on health and development
2. To create awareness on drug abuse prevention and
3. To equip the participants with the skills of preparedness to tackle the drug abuse.

## **COVERAGE**

The course will cover aspects relating to Drug Abuse, Prevention of Illicit Drugs, Drugs and youth trap, creation of awareness to protect the youth from drugs abuse. These aspects will be discussed through following modules:

### **Module –I: Drugs Abuse**

Drug Abuse: Global focus

### **Module –II: Prevention of Illicit Drugs**

Prevention of abuse of Illicit Drugs to protect the youth and people.

### **Module –III: Drugs and Youth trap**

Psychological impact of drugs and protecting the youth from drug abuse

### **Module –IV: Action Plan to prevent the drug abuse**

Action Plan to prevent Drug Abuse

## **METHODOLOGY**

1. Lecture cum discussions through PPT
2. Case Studies

## **PROGRAMME FACULTY**

In addition to the faculty of the NIRDPR / SIRD, a number of experts / field practitioners having work experience in dealing with the drug abuse prevention are invited to share their views with participants.

